

HARMFUL EFFECTS OF POSITIVE IONS

The most dangerous levels of harmful positive ions occur in the polluted, large industrial and heavily populated cities. Exhaust fumes from cars, trucks, and buses; factory smoke, cigarette smoke, dust and soot, electromagnetic pollution, and overall atmospheric pollution caused by air and sea crafts; all combine to create a mixture of Harmful Positive Ions, and reduces the proportion of beneficial negative ions in our surroundings. This gradually affects our lungs, can ruin our health and cause general lethargy and depression.

References

For those not yet fully persuaded there are some useful references directly below, or visit this web page: <http://www.hippocrates.com.au/negative.html>

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Health Benefits

Negative ions give the air its invigorating freshness and reduce the number of airborne bacteria, which is so beneficial to us. Although negative ion theory is by no means mainstream, many health practitioners in Europe, North America, Australia and Japan use the Salt Crystal Lamps extensively in their recommended treatments of allergies, neuralgia, hypertension, respiratory problems, rheumatism, kidney or liver conditions & hormonal imbalance, sinus, migraine headaches, blood system diseases, to reduce the asthma attacks, enhance the immune system, increase alertness, increase work productivity, increase lung capacity, reduce susceptibility to colds and flu, and for color therapy.

Salt crystal lamps help breath more comfortably to the people suffering with Asthma, Respiratory problem and Chronic Bronchitis.

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Salt crystal lamps boost the number of negative ions in the room. Excessive negative ions are essential for high energy and positive mood. Bioenergetics vibrations improve the energy level and strengthen one's nervous system, harmonize the function of sexual glands, and even help to promote sexual energy. That's why people suffering from chronic congestive problems go to clinics located in salt mines for treatment. It is called SPELEOTHERAPY. The very dry, negative ion-rich environment of these salt mines helps to clear out the patients' bronchial tubes and sinuses, and to kill bacteria and other microbes. Others, including many from the USA, swim/float in the salt and mineral rich Dead Sea in Israel.

For health benefits, Negative Ionizers are well recognized in many countries. Most ionizers in the market are man-made machines, while the Salt Crystal Lamps are a beautiful, less costly, maintenance free, and 100% natural alternative to improve air quality.

Places To Use Salt Lamps

Breathing pure clean air not only keeps us alive, but also motivates us to achieve better, sleep more soundly, and live more healthily. Our salt crystal lamps are 100% Natural air ionizers, and are best recommended to be used on the following locations:

1. Salt crystal lamps are highly suitable for daily use in the whole house. A Salt Crystal Lamp in your vicinity will help your well-being and keep the air around you healthy, clean, naturally ionized, and energetic. Best recommended in bed rooms, in living rooms, in dining rooms, in the hall way, in meditation rooms, near televisions, near computers and around smokers.

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2. Parents, place a comforting Salt Crystal Lamp by your child's bedside. It is a completely safe and lovely night light, and will enhance your child's sound sleep, keeping the atmosphere clean and healthy.

3. A lamp at work can help improve your concentration and refresh you, minimizing the effects of fatigue, stress, artificial lights, artificial air environment, and radiation from office equipment particularly your computer monitor.

4. Doctors and Dentists, A Salt Crystal Lamp glowing in your consulting or treating room assists the healing process and adds to a calming environment.

5. Salt lamp is a beautiful convalescent. While you recover from an illness, a lamp by your bedside will be a comforting and healthful companion.

6. A lamp or two in the massage room will remarkably enhance and create natural concentration, a feeling of well-being, a pleasant environment and will also keep the air fresh.

7. A few lamps around smoky areas will clear away those lingering smells faster. Highly suitable for coffee shops, bars, pubs, cabarets, casinos and nightclubs, where the cigarette smoke regularly deteriorates the air quality by absorbing a lot of negative ions from the room, thus

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making the air unhealthy. A few salt lamps will add significant number of negative ions in the vicinity to make the atmosphere pleasant, harmonious, and healthy.

8. A few lamps used in a health club, Gym or any indoor sports room, will enhance the quality of the fresh air, comforting gymnasts to breathe in much healthy atmosphere while exercising. Salt crystal lamps are also used in color therapy, i.e. chromo therapy. Their soothing light helps neurotic persons and people suffering from insomnia.

Well, our salt crystal lamps can be used anywhere you want to restore or maintain the natural air quality, to create a cozy, relaxing atmosphere and pleasant environment or to enjoy the beauty of Nature.

The natural salt crystal lamp is a beautiful effective air ionizer, works without any noise and NO harmful OZONE!

Taking Care of your Lamp

Salt has hygroscopic properties, which means that it draws water from the surrounding atmosphere.

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Salt Crystal Lamps should therefore never be sprinkled with water.

Keep in a dry environment at all times.

Lamp should not be placed outdoors.

Sometime, in particularly moist or humid conditions, the lamp surface may be slightly damp to the touch. Lighting it for a few hours dries it very quickly.

It is recommended that you keep your lamp turned on every day for the best air purifying results, and you can leave your lamp on for as long as possible. This will not only maintain a constant negative ionizing process, but also repel excess moisture build up around the lamp.

If you plan not to use the lamp for longer periods of time, just cover the lamp with a plastic bag

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as prevention from humid conditions.

To remove dust, use only a damp (not soaking wet) cotton cloth or sponge.

Warning: Keep out of reach of children. Always unplug the lamp before changing the light bulb to prevent electric shock.